



This rebate is being phased out, and it must be finished by December 31, 2008.

Physical Activity Rebate Tracker

Name: _____ PEHP ID: _____

Phone: _____ Birthdate: _____

Instructions: 1 point = 30 minutes of accumulated activity. Cross your points off as you earn them.

Mail or fax in your log when you're finished, or track and submit online at www.healthyyutah.org/myhu.

100 Points = \$60

Date Started _____ Date Completed _____

Date:	Activity	Min.	Date:	Activity	Min.	Date:	Activity	Min.	Date:	Activity	Min.	Date:	Activity	Min.	Date:	Activity	Min.	Date:	Activity	Min.	Date:	Activity	Min.						
1			2			3			4			5			6			7			8			9			10		
11			12			13			14			15			16			17			18			19			20		
21			22			23			24			25			26			27			28			29			30		
31			32			33			34			35			36			37			38			39			40		
41			42			43			44			45			46			47			48			49			50		
51			52			53			54			55			56			57			58			59			60		
61			62			63			64			65			66			67			68			69			70		
71			72			73			74			75			76			77			78			79			80		
81			82			83			84			85			86			87			88			89			90		
91			92			93			94			95			96			97			98			99			100		

Mail to Healthy Utah • P. O. Box 142107 • Salt Lake City, Utah 84114-2107 or fax to (801) 323-1577 • www.healthyyutah.org/myhu

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